



# The Side Saddle Association®

Patron: Mrs. T.D. Holderness-Roddam, C.B.E., L.V.O.

## AREA 10 INVITES YOU TO A JUDGES' AND INSTRUCTORS' SEMINAR AT: THE PEMBROKE CENTRE, HOMEFARM LANE, NETHERHAMPTON, SALISBURY, WILTSHIRE SP2 8PJ ON: SUNDAY 29<sup>TH</sup> OCTOBER 2017

This seminar is aimed at all S.S.A. Members as well as Judges, Instructors and Examiners.  
The afternoon session provides everyone to be able to have a "say".

### PRESENTERS:

- Miss Paula Keeley, BHSI (Regd)-BEMA Diplome-Saumur-BSc(Hons) Equine Sports Coaching- UKCC Level3- SSA "A" Instructor and Judge- Accredited BD Trainer-BYRDS Assessor- International Instructor, Coach, Trainer, Judge.
- Miss Claire Lewis, BHSII (Regd)-BEMA Diplome-Saumur- SSA "A" Instructor- International Instructor-Coach-Trainer.

### PROGRAMME

- 9.30-10.00am Registration- Coffee and Networking
- 10.00-10.30 – Risk Assessments/ Health & Safety/Social Media
- 10.30-11.30 - Coaching for Equitation Jumping, for both Juniors and Adults.
- 11.30-12.00 - Building an Equitation Jumping Course.
- 12.00-1.00 - Judging an Equitation Jumping Class, followed by Informal Discussion on the morning's topics.
- 1.00- 2.00 – Lunch and Informal Discussion
- 2.00 -2.30 – Instructing, Teaching, Coaching. Skills and Techniques, and the importance of goal setting, work programmes, self assessment and evaluation.
- 2.30- 3.00 - Coaching children versus adults, different methods. The importance of feedback from pupil and coach.
- 3.00-3.30 – Judging S.S.A. Affiliated Classes including the importance of a correctly fitting saddle and turnout guidelines, correctness and personal preference.
- 3.0-4.00 - Open discussion, questions and sharing of views. Summary and Closure.

**Judges and Instructors attending the Seminar to update their qualifications must attend the full session and ensure they sign in and sign out on the Attendance List.**

This day qualifies as a B.H.S. C.P.D. day for B.H.S. Registered Instructors, provided they are on the register as Side Saddle Specialists

**COST IS £25 PER PERSON TO INCLUDE LUNCH.**

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**BOOKING SLIP FOR: S.S.A. Judges' & Instructors' Seminar on Sunday October 29<sup>th</sup> 2017**

Name(s) of Attendees: .....

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Contact telephone numbers: .....

I enclose my cheque, made payable to SSA Area 10, for .....tickets @ £25 £.....

Applications should be sent by 20<sup>th</sup> October 2017 to: Mrs C. Hislam, 48 Queens Park West Drive, Bournemouth, Dorset BH8 9DD. Tel: 01202 394707, Email: catherine.11@live.co.uk

President: Mr. R. Philpot Chairman: Mrs. J. Senior